

Food for Thought: Education Fund Phase 8 Application Form

The **aim** of the fund is:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

Please read the 'Guidance' before completing the application form

Name of Local Authority (or indicate if Independent)	Highland
Level of Grants	Funding awards will be up to £3,000* per individual project. When applying as a cluster or associated group of establishments, each establishment must be named on the form. In this instance more than £3000* can be requested and the breakdown shown clearly in the form. It may not be possible to fund every element of each successful proposal. The total amount will be subject to budget availability and adherence to the aims of the fund.
Eligibility	Applications are invited from practitioners in early learning and childcare settings, schools/clusters/associated school groups across Scotland. NB: We will accept one application per establishment or cluster. Note - ASN schools in the independent sector are also eligible to apply. PLEASE READ GUIDANCE NOTES FOR FULL DETAILS.
Number of establishments involved in the bid	2
Name of Establishment(s) involved (if cluster bid, include <i>all</i> establishment names)	Shieldaig Primary School and Nursery Kinlochewe Primary School and Nursery
Application completed by (name)	Thomas O'Halloran
Deadline for Applications	To arrive no later than 12 noon on Thursday 24th June 2021 <ul style="list-style-type: none"> • If any sections are incomplete, this will impact on the assessment of your application. • Only return the completed application form. Supporting documents are not required. Please ensure that you retain a copy of the application form for your own records.
Period of Fund	Successful applicants will receive notification of funding by the end of July 2021 . Project activities should take place between September and December 2021 and final reports should be submitted by end of January 2022 .
Please email your application to:	Email: FoodforThought@educationscotland.gov.scot

SECTION 1: ABOUT YOU	
Local Authority:	Local Authority (or state if Independent): Highland
<p>Please give the name and contact details of the person within your establishment/school who will deal with this application, all correspondence relating to it and the management of the Food for Thought Fund.</p> <p>The person named here must be authorised to answer all queries and to sign all paperwork relating to this application and be responsible for the overall management and co-ordination of the project. The named person should also be the first point of contact for Education Scotland.</p>	Name: Thomas O'Halloran
	Position: Head Teacher of School cluster
	Establishment/School: Shieldaig Primary School and Nursery / Kinlochewe Primary School and Nursery
	Address: Shieldaig Primary School, Shieldaig, Strathcarron IV54 8XN, Highland Kinlochewe Primary School, Kinlochewe, Achnasheen IV22 2PA, Highland
	Postcode: IV54 8XN IV22 2PA
	Direct Telephone: 01520 755 269 01445 760 260
	Mobile: 07999418808
	Email: Thomas.O'Halloran@highland.gov.uk
	Please re-enter your email address: Thomas.O'Halloran@highland.gov.uk
Has your establishment received Food for Thought Funding previously? Please tick all that apply:	Phase 4 <input type="checkbox"/> (2016/17) Phase 5 <input type="checkbox"/> (2017/18) Phase 6 <input type="checkbox"/> (2018/19) Phase 7 <input type="checkbox"/> (2019/20) n/a <input checked="" type="checkbox"/>

SECTION 2: MAKING LINKS

Projects should deliver the aim of the Food for Thought Fund:

To provide progressive, high quality learning experiences in food education which build sustainability and capacity for future development.

In Phase 8 we would also like bids to address one or more of the following :

- to increase awareness of the Love Food, Hate Waste campaign.
<https://scotland.lovefoodhatewaste.com>;
<https://www.zerowastescotland.org.uk/food-waste/teaching-resources>
- to increase children and young people's experiential farm to fork learning through farm links or visits, when such visits are allowed.
<https://www.rhet.org.uk>
- to encourage establishments to link with at least one business / community partner to help address skills for learning, life and work.
<https://www.dyw.scot/>

Establishments will be able to seek help from the organisations shown above if required but may already have their own links and partnerships in place.

Note - Assistance for bus travel to farms may be available from RHET. Please do not include bus travel in your Food for Thought budget.

Please tick any themes, initiatives and Scottish Government guidance below which will relate to your project :

Food Summary Page . Includes skills progression using the Es and Os and the Benchmarks.	X
Love Food, Hate Waste	X
Farm Visits	X
Developing the Young Workforce .	X
Inequity/attainment gap	X
Good Food Nation: Scotland's National Food and Drink Policy	X
A healthier Future – Scotland's Diet and Weight Delivery Plan	X
Helping parents with food and eating	X
Better Eating, Better Learning : new context for school food, follow up to Hungry for Success	X
Beyond the School Gate : improving food choices in the school community	X

SECTION 3 : ABOUT YOUR PROJECT

Please give a **50 word summary** of your project

Please note that we may use this wording in reports and in press releases, so it should be a concise statement of your proposed plans.

Our **Grow, Cook, and Compost!** Project aims to empower our children to make transformative changes in their relationship with food. Through practical, skill-based experiences the children will apply their growing and composting skills and learning; grow their understanding of healthy eating; and shift their mind-sets on local food sustainability and resilience.

Please give an overview below of your plans, school-based activities and deadlines, with reference to Section 2. (a timeline can be very helpful). You may go to a second page for this section. Please refer to the guidance on how we will assess your application.

The children of Kinlochewe and Shialdaig Primary Schools have a poor relationship with food. At school lunch time, the children are disengaged with food, they are not confident eaters and everyday there is a huge amount of waste, all of which goes to landfill. The children are aware of the benefits of healthy eating but not in a practical way, and they have a lack of understanding of food sustainability or the impact of food waste on our environment.

There are a range of contributing factors, including:

- Lack of access to land for growing and composting, both within the community and at school. Neither school has a vegetable garden - there are limited school grounds at Shialdaig and at Kinlochewe the grounds are not fenced from the wild deer.
- Lack of local produce. There are no local farms/growers and the nearest supermarket is 56 miles away. There is no food grown at the schools and a lack of understanding of local produce.
- Lack of "brown bin" collection service within our community and school. Food/green waste is put in the general bin and transported over 172miles to landfill, which contributes to our carbon emissions.
- Lack of school or community-level support to develop knowledge in growing, composting and low carbon food/waste techniques.
- A growing reliance on processed food and easy meals in our society, often attributable to inequities in wealth and opportunity.

This project aims to empower our children to make transformative changes in their relationship with food by growing, cooking and composting locally. We want our children to develop their skills to grow their own produce, to cook healthy, nutritious food and to learn how our waste can be part of a regenerative growth cycle. We want to engage with our families and community, and transfer these skills into their home life with the aim of embedding sustainable food values within our day to day lives. We believe this project will support the Scottish Government vision of becoming a Good Food Nation.

Both schools are small, one class (P1-7) rural schools in the unique environment of the west coast of the Highlands. Shialdaig is a growing school with 14 children currently, but set to grow to over 30 in the next 3 years. Kinlochewe is smaller, with 5 children currently attending. Both schools have attached nurseries which stand to benefit and be involved in the project. The small numbers give us unique opportunities to collaborate across age groups and work co-operatively. Younger children are lifted up by older children's knowledge and skills, while older children learn about leadership and teamwork. We plan to work on this project as whole school classes and, where we can, as a cluster.

What will we do? Grow, cook, and compost!

Grow:

- Inspire our children by visiting local community growing centres and crofts, including: Applesed Community Garden and Allotments in Applecross (guided by the local Project Development Officer),

GALE Community Growing Centre in Gairloch, Cromasaig Croft, Glachbeg Croft Education Centre. All visits supported by RHET. (Aug-Sept)

- Establish a school garden at Shildaig and Kinlochewe Primary Schools (Sep-Dec)
 - o The children will engage in the design and physical construction of raised beds that are accessible and built for purpose. This links with our aim to develop skills-based learning in our School Improvement Plan. By being part of the process, from conception to build, the children can develop ownership of the space which will help ensure the legacy of the project.
 - o A small polytunnel will be installed on common grazing land adjacent to Shildaig Primary School with the help of volunteer parents. This is necessary because the harsh coastal climate and limited indoor space in the school make it difficult to start plants off indoors. Winter salad can be started immediately.
 - o We will use peat free compost in the raised beds and winter manure will be grown to start the learning about soil improvements for enhancing food growth.
- Apply our food knowledge by visiting our local fish farms for Farm to Fork learning - links with Developing the young workforce. (September)

Cook:

- Learn to plan and cook healthy, affordable, and nutritious meals through regular class cooking sessions. We will aim to use locally produced, seasonal food that is accessible to all and use resources from Love Food, Hate Waste and Zero Waste Scotland. After children's cooking confidence has increased, we will hold "cook-along sessions" with parents (either in school or on-line) which will help cascade the learnings into the home setting. We believe this will bridge the gap to the home and result in healthy eating across our young people's lives. (August – June)
- Work with our school cooks to understand our menus and how they are designed; and plan what we grow so we can contribute to school meals from our gardens. (August – June)
- Learning visits (links with Developing the young workforce) (Sept- Dec)
 - o To local café, Stovolds, and learn from the chef and school parent, Ross Stovold, about cooking and hospitality
 - o To local hotels to learn about menus, services, and hospitality work
- Celebrate the project with a Market Day at the end of the school year. Children prepare locally grown meals in co-operative groups to serve to the community.

Compost:

- Establish a three bay New Zealand compost system at both schools with help from parent volunteers and children. Install Jora compost tumblers for cooked food waste. (Aug – Sept)
- Learn about composting in class, by following the Devon "[Compost Curriculum](#)".
- Establish a school of "Food Saver Super Heroes" through the Make Food Matter activities from Love Food Hate Waste – measuring, monitoring and making long lasting changes for our children and their family's waste. (August – June)
- Share learning with nearby Applecross Primary School who has successfully set up a composting system. (November – March)
- Children to cascade composting skills to the wider community through shared videos and social media. We will invite the community to start depositing their raw food waste in our school composting system. (March – June)
- Compost made in our school system will feed back into our garden to enhance growing, completing the compost cycle. Any excess compost can be shared with families to encourage home growing.

Long-lasting impact in our school and community

We believe this project has the ability to inspire and transform our children's lives and will create long-lasting changes not only in our school, but in our wider community. Food brings us all together, and there are endless possibilities within our local place – ranging from growing your own, cooking for our family and friends or getting involved in local hospitality! We want to educate the children on their food and waste, and by rooting our learning within our place and building relationships within our local food network, we have the opportunity to have positive impacts on our environment, community and contribute towards a sustainable Scotland.

SECTION 5: How will we assess your application? For information – please don't complete			
Criteria	Score (0-4)	Weighting (1-5)	Max Score available
1) How well does the bid provide progressive, sustainable learning experiences in food education, allowing learners to develop their knowledge and skills and build capacity for future learning?		5	20
2) How well does the bid engage with the main themes including waste reduction, farm to fork learning and developing young workforce?		4	16
3) How well does the bid represent value for money?		3	12
4) First Time Funding? (see table below)		2	8
Total			56

Criteria 1 – 3 will be scored using Table A. Criteria 4 will be scored using Table B.

TABLE A		
0	Unacceptable	Nil or inadequate response. Fails to meet the requirements.
1	Poor	Response is partially relevant but generally poor. The response addresses some elements of the requirements but contains insufficient/limited detail.
2	Acceptable	The response addresses a broad understanding of the requirements but may lack details on how they will be fulfilled in certain areas.
3	Good	The response is sufficiently detailed to demonstrate a good understanding and provides details on how the requirements will be fulfilled.
4	Excellent	The response is comprehensive, unambiguous and demonstrates a thorough understanding of how the requirements will be met in full.

TABLE B	First time funding
0	No
1	n/a
2	n/a
3	n/a
4	Yes

SECTION 6: YOUR STATEMENT AND SIGNATURE

Before submitting your application, please ensure that you have:

- ✓ answered all sections and questions
- ✓ *not* submitted a copy of a previous application
- ✓ *not* submitted the same application as another establishment
- ✓ signed the form using a digital signature if possible

If you are successful, we will inform you by email **by the end of July 2021** and the grant letters will be issued to authorities **by the middle of August 2021**. (We will also contact all unsuccessful establishments by email by the end of July.) On receipt of the correctly completed funding letter from your authority, funding will then be transferred to the local authority, where schools will then be able to download their allocated funding so that projects can begin. Once we have awarded a grant we cannot give any more funding for the project.

Monitoring and Evaluation of your Grant

We need to monitor your grant so that we can account for how you have used our funds. This will be ongoing throughout the duration of the project and will contribute to the final project report. Please note that we will ask you for an end of project evaluation by the **end of January 2022**

Publicity

Information on grants awarded may be made public by Education Scotland.

Images submitted in support of your application may be stored electronically by us. If we later seek to use these for publicity purposes, we will contact you in order to obtain permission to do so.


Complying with Conditions of Grant

You must keep to the grant conditions shown in both our offer letter and any accompanying documents. In particular:

- ✓ you must not make changes to your project without notifying us first
- ✓ you must carry out your project in line with the timescales given in your application, and within the time limits shown in our offer letter, It is very important that you let us know about any delay or difficulties in keeping to the conditions so that we can give advice and help as necessary
- ✓ you will be required to acknowledge our funding in any publicity relating to this project

Your Statement

- I confirm that all the information in this application is true and correct.
- I confirm that I am happy for you to provide copies of this form to any person or organisation you need to consult about this application.
- I note that any grant awarded will be subject to standard and specific conditions.
- I confirm that I have the power to accept the grant under conditions you set and to repay the grant if we do not meet them.

Name	Thomas O'Halloran
Position	Head Teacher – Shieldaig Primary School and Kinlochewe Primary School cluster
Digital Signature	
Date	23/06/2021

Submit application by email to FoodforThought@educationscotland.gov.scot